



## Week one

Week Commencing 15/5, 5/6, 26/6, 17/7, 4/9, 25/9, 16/10

### Choose a main meal...

Red Tractor Pork Sausages  
with Gravy and Creamy  
Mashed Potatoes

(v, h) Pasta in a Rich and Rustic  
Tomato Sauce  
with Traybake Bread

### MONDAY

#### On the side...

Broccoli  
and Carrots

#### For dessert...

(v, h) Flapjack  
(v) Ice Cream Tub

### TUESDAY

### Choose a main meal...

Red Tractor Barbeque Chicken Fillet  
Bites with Fresh Salad  
and a Wrap served with Baked Potato  
Wedges

(h) Tuna Pasta Bake with  
optional Baked Potato Wedges

#### On the side...

Sweetcorn  
Seasonal Salad

#### For dessert...

(v, h) Apple and Strawberry Crumble  
with Custard

### WEDNESDAY

### Choose a main meal...

Tender Slices of Scottish Beef  
with a Mini Yorkshire Pudding  
and Gravy with Roasted Mini  
Potatoes

(v) Vegetarian Sausages and Gravy  
with Roasted Mini Potatoes

#### On the side...

Garden Peas  
and Carrots

#### For dessert...

(v, h) Chocolate  
Crunch Biscuit

### THURSDAY

### Choose a main meal...

Creamy Chicken Korma (Mild)  
with Whole Grain Rice

(v, h) Rustic Cheese and Tomato  
Pizza with optional Herby Diced  
Potatoes

#### On the side...

Crunchy Carrot and Cucumber Sticks  
Homemade Coleslaw  
Mixed Vegetables

#### For dessert...

(v, h) Orange or Lemon Drizzle Cake

### FRIDAY

### Choose a main meal...

(msc) Battered Fish Fillet  
with Chipped Potatoes

(v, h) Cheese and Sweetcorn  
Omelette with Chipped Potatoes

#### On the side...

Garden Peas, MUSHY Peas  
or Baked Beans

#### For dessert...

(v) Pancake with Banana Chunks

## Week two

Week Commencing 22/5, 12/6, 3/7, 11/9, 2/10

### Choose a main meal...

Organic Beef Grill  
in a Soft Bun  
with Baked Potato Wedges

(v, h) Pasta in Cheese Sauce  
with optional Baked  
Potato Wedges

### MONDAY

#### On the side...

Garden Peas and Carrots  
Seasonal Salad

#### For dessert...

(v) Whip with Fruit in Juice  
(v, h) Ginger Cookie

### TUESDAY

### Choose a main meal...

(h) Chicken Pie with Gravy

(msc) Salmon Fillet Fingers

Both served with either Crispy Diced  
or Creamy Mashed Potatoes

#### On the side...

Broccoli or  
Crunchy Carrot and Cucumber Sticks

#### For dessert...

(v, h) Up Beet  
Chocolate Cake

### WEDNESDAY

### Choose a main meal...

Roast Pork or Gammon Joint  
with Gravy  
and Crispy Roast Potatoes

(v, h) New Recipe - Chinese Style  
Quorn with Noodles

#### On the side...

Fresh Cabbage  
and Mixed Vegetables

#### For dessert...

(v, h) Iced Blueberry Muffin  
(v) Ice Cream Tub

### THURSDAY

### Choose a main meal...

Spaghetti Bolognaise  
made with Organic Minced Beef  
and Garlic Bread

(v, h) Jacket Potato  
with Cheese and Sweetcorn

#### On the side...

Sweetcorn and Carrots  
Seasonal Salad

#### For dessert...

(v, h) Apple Pudding with Custard

### FRIDAY

### Choose a main meal...

(msc) Battered Fish Fillet  
with Crispy Gaufrette  
Potatoes

(v, h) Vegetable Burrito  
with Crispy Gaufrette  
Potatoes

#### On the side...

Garden Peas or Baked Beans  
Seasonal Salad

#### For dessert...

(v) Strawberry Swirl Mousse  
(v) Cheddar Cheese, Crackers and  
Apple Wedge

## Week three

Week Commencing 19/6, 10/7, 18/9, 9/10, 30/10

### Choose a main meal...

Organic Pork Meatballs  
with Rustic Gravy  
and Pasta or Baked Potato Wedges

(v, h) Cheddar Cheese  
and Potato Pie with Vegetables

### MONDAY

#### On the side...

Garden Peas and Sweetcorn or  
Broccoli

#### For dessert...

(v, h) Toffee Apple Sponge  
with Custard

### TUESDAY

### Choose a main meal...

Red Tractor Bacon and  
Pork Sausage with  
½ Jacket Potato and Beans

(v) Breadcrumbs  
Vegetable Fingers  
with Crispy Diced Potatoes

#### On the side...

Crunchy Carrot and Cucumber Sticks  
Homemade Coleslaw  
or Baked Beans

#### For dessert...

(v) Ice Cream Tub  
(v, h) Zesty Orange Oaty Cookie

### WEDNESDAY

### Choose a main meal...

Red Tractor Roast Chicken Joint  
with Stuffing, Gravy  
and Crispy Roast Potatoes

(v, h) Vegetarian Toad in the Hole  
with Gravy and  
Crispy Roast Potatoes

#### On the side...

Mixed Vegetables and  
Broccoli

#### For dessert...

(v, h) Chef's Iced  
Sponge Choice

### THURSDAY

### Choose a main meal...

(h) Classic Homemade Lasagne made  
with Organic Minced Beef, served  
with Malted Wheat Baguette

(v, h) Cheese and Tomato  
Pizza Wedge with  
Crispy Diced Potatoes

#### On the side...

Sweetcorn and  
Green Beans

#### For dessert...

Jelly with Fruit  
(v, h) Honey and Raisin Bar

### FRIDAY

### Choose a main meal...

(msc) Fish Fillet Fingers  
with Chipped Potatoes

(v, h) Cheese and Egg  
Quiche with Chipped Potatoes

#### On the side...

Garden Peas, MUSHY Peas  
or Baked Beans

#### For dessert...

(v, h) Chocolate Cracknell

(v) Vegetarian Option (h) Homemade (msc) Certified Sustainable Seafood